



Cricket ACT

# COVID SAFE PLAN FOR THE RETURN TO CRICKET TRAINING AND PLAYING

Effective from 31 August 2020

We've developed this COVID-19 Safety Plan to help you create and maintain a safe environment for you, your players, volunteers and your visitors.

Review this plan in consultation with your Captains and volunteers and share it with them so the policies and procedures are understood by all across the club. This will help slow the spread of COVID-19 and reassure your visitors that they can safely participate in activities. As restrictions change, this plan may need to be updated, in which case Cricket ACT will provide assistance in doing so.

## ORGANISATION DETAILS

ORGANISATION: QUEANBEYAN DISTRICT CRICKET CLUB

PLAN COMPLETED BY: CHRIS DOYLE

IN THE EVENT OF A COVID  
RELATED INCIDENT,  
CONTACT: 0404 249 488



## REQUIREMENTS FOR ORGANISATIONS

REQUIREMENTS	ACTIONS
<b>WELLBEING OF MEMBERS, VOLUNTEERS, PARTICIPANTS AND OTHER VISITORS</b>	
Exclude staff, volunteers, parents/carers and participants who are unwell	<p>Before participating in any cricket activity, we will advise all players, team officials, parents/carers and members, they must not attend training, matches or cricket related activities, if in the past 14 days they have:</p> <ul style="list-style-type: none"> <li>▪ been unwell or had flu-like symptoms;</li> <li>▪ been in contact with a known or suspected case of COVID-19;</li> <li>▪ had any sudden loss of smell or loss of taste;</li> <li>▪ are at a high-risk category, including the elderly and those with preexisting medical health conditions.</li> <li>▪ <u>been in Victoria or specific COVID hot spots as identified by ACT Health</u> <a href="#">[click]</a></li> </ul> <p>All members are advised to self-isolate and seek professional medical assistance if they are unwell or suspected to have been in contact with a COVID-19 case.</p> <p>In the event of a COVID related incident, ACT Health will contact the club and advise all members and visitors to seek medical assistance.</p>
Display conditions of entry (website, social media, venue entry)	<p>Resources, posters and information about COVID-19 will be shared across communication channels and displayed at appropriate locations around facilities and venue.</p> <p>We will display the posters from ACT Health as provided by Cricket ACT. Where appropriate, we will identify and address potential language, cultural and disability barriers associated with communicating COVID-19 information to players, members and other stakeholders.</p> <p><a href="#">ACT Government Translated Resources</a> <a href="#">[click]</a></p>
If hiring the facility, consult with the owners/operators to address these requirements to understand what measures may already be in place.	<p>Anyone who hires the club facilities will be provided this plan and expected to adhere to the policies and procedures therein. We will get confirmation of their adherence in writing.</p> <p>If they have their own COVID Safe Plan, that will be sent to us for approval before allowing the venue hire to take place.</p>
Take all reasonable steps to minimise the number of spectators attending community sport events and ensure they maintain social distancing.	<p>We have considered the schedule and number of participants attending cricket related activities (i.e. training) to minimise the number of attendees present at the venue or facility at one time.</p> <p>Attention will be given to allow members time to vacate between training, matches or other cricket related activities.</p> <p>We will advise and communicate to our members to limit the number of spectators at a single cricket facility or ground to 100 individuals or 4 square metres per person, whichever is less.</p> <p>We will encourage players and spectators to leave the facility as soon as possible following the conclusion of their cricket activity or match. We will encourage players and spectators to bring their own seating i.e. fold out chair. A COVID Marshall will be appointed if we suspect attendees to reach close to 100 people.</p>



## REQUIREMENTS FOR ORGANISATIONS

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<b>WELLBEING OF MEMBERS, VOLUNTEERS, PARTICIPANTS AND OTHER VISITORS</b>	
<p>If sufficient numbers to field teams cannot be achieved, prioritise delaying the event rather than substituting with people from other teams or from the community.</p>	<p>Participants will only be allowed to sub in for other players if they are a member of the same club (i.e. a 5th grade player competing in a 4th grade match).</p> <p>If the team cannot find sub(s) from the same club, the match will be rescheduled.</p>
<b>PHYSICAL DISTANCING</b>	
<p>Ensure the number of people in a facility does not exceed one person per 4 square metres of space (excluding staff and participants) to a maximum of 100 people</p>	<p>We have considered the schedule and number of participants attending cricket related activities to minimise the number of attendees present at the venue or facility at one time. Attention will be given to allow time to vacate members between training and matches.</p> <p>Within enclosed spaces such as clubrooms, physical distancing of 1.5 metres and 4 square metres per person, will be adhered to and signage clearly displayed.</p> <p>Attendees at events will be kept to a minimum where possible, with attendance not exceeding 100 people or 4 square metres per person, whichever is less.</p>
<p>Minimise co-mingling of participants from different games and timeslots where possible.</p>	<p>Club administrators have scheduled training sessions with allowances for members to vacate the venue. This is to warrant minimal contact, unnecessary gatherings and correct social distancing.</p> <p>Competition Administrators have scheduled matches times to minimise contact, cross-over and avoid unnecessary gatherings of players, family members and staff.</p> <p>We will schedule time between games/training sessions when possible, to enable all attendees to arrive and exit the venue safely, with minimal contact with others. Teams will also have allocated areas as to avoid close contact.</p>
<p>Have strategies in place to manage gatherings that may occur immediately outside the premises, such as with drop off and pick up zones or staggered start/finish times.</p>	<p>We will stagger arrival and/or departure times when possible for different groups and teams. We advise members, parents/guardians to remain in their vehicle or at a distance until the allocated time.</p> <p>Where allowable by venue design, we will manage entry and exit points and direct the flow of players, coaching staff and attendees throughout the venue to limit the risk of overlap and congestion.</p>
<p>Use telephone or video platforms for essential club meetings where practical.</p>	<p>We will conduct club and team meetings via online/virtual meeting platforms such as Zoom, Facetime, Teams and Skype in place of face-to-face meetings. If we need to meet face to face, we will keep the time to a minimum, implement social distancing requirements with consideration to the venue size and be seated a minimum of 1.5 metres and 4 square metres apart.</p>



## REQUIREMENTS FOR ORGANISATIONS

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<b>PHYSICAL DISTANCING</b>	
Reduce crowding wherever possible and promote physical distancing within indoor spaces including toilets, canteens, showers, change rooms, lockers and other communal areas.	<p>We will indicate the number of people that can occupy indoor spaces in accordance with the 4 square metre guidelines, utilising the ACT Health 'maximum occupancy' poster as provided by Cricket ACT.</p> <p>We will encourage all participants to shower/change at home where possible.</p> <p>We will limit the use of communal areas or inside areas to essential players and team officials, with regular disinfectant cleaning.</p> <p>If unable to meet the necessary COVID-19 requirements and social distancing protocols communal facilities will remain closed.</p>
Review regular business deliveries and request contactless delivery and invoicing where practical.	We will contact all suppliers and seek their support for contactless deliveries to the club and electronic invoicing where practical. We will utilise electronic invoicing/banking where practical to complete business transactions.
<b>HYGIENE AND CLEANING</b>	
Adopt good hand hygiene practices	<p>We will clean and disinfect communal spaces, surfaces and objects such as equipment, team benches and hard surfaces regularly.</p> <p><u><a href="#">We will use Safe Work Australia's Cleaning &amp; Disinfectant Guidelines for best cleaning and disinfecting practices</a></u> [click]</p> <p>We will display the ACT Health posters as provided by Cricket ACT on good hand hygiene and correct hand cleaning protocols throughout the venue.</p> <p>Further we will:</p> <ul style="list-style-type: none"> <li>▪ Promote and provide hand washing guidance to all participants and volunteers</li> <li>▪ Promote regular and thorough hand washing by volunteers and participants</li> <li>▪ Provide sanitising hand rub within the venue and refill regularly</li> <li>▪ Replace/refill soap and paper towels in toilets regularly</li> <li>▪ Place bins around the venue</li> <li>▪ Encourage cleaning staff to wear gloves while cleaning and wash their hands afterwards</li> </ul>
Ensure hand sanitiser is accessible at the venue entry and throughout the facility or ground.	<p>We will provide hand sanitiser within the venue and ensure it is readily available.</p> <p>We will encourage players, officials, volunteers, attendees and other members to carry personal hand sanitiser to enable good personal hygiene.</p>
Regular cleaning of hard and frequently touched surfaces.	We will frequently clean used indoor hard surface areas; first with detergent and water and then disinfect. We will also frequently clean touched areas and surfaces, including in communal facilities.



## REQUIREMENTS FOR ORGANISATIONS

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<b>HYGIENE AND CLEANING</b>	
<p>Encourage participants to bring their own water bottle, snacks, and sweat towels. Avoid shared food and drinks.</p>	<p>All participants are to provide their own clearly labelled drink bottle for their personal use only. We will communicate to all participants the importance of not sharing any food or drinks. We will not provide any communal drink or food for players. Where an individual does not bring their own food for morning tea/lunch, the club will only provide individually packaged items. Canteens will remain open however all staff will wear gloves and regularly wash/sanitise their hands. All food will be prepared on site according to <a href="#">ACT Health Guidelines</a> [click], pre-packed and sealed into individual servings; there will be no buffet-style catering. We will also prevent gatherings of people around canteens and adhere to physical distancing requirements. This information will be clearly sign posted around the canteen area.</p>
<p>Ensure processes are in place to launder shared uniform items after use, such as bibs or jerseys.</p>	<p>We will encourage players to be responsible for the cleaning of their own playing and training attire (including equipment and jerseys). We will avoid the sharing of articles of clothing such as volunteer high visibility vests (jacketed marshals will take their own vest home to wash).</p>
<p>Reduce sharing of equipment where practical and ensure these are cleaned with detergent and disinfectant between use.</p>	<p>Sharing of equipment is not recommended, however if it is required to occur, the equipment will be cleaned and/or sanitised between uses. The equipment will be in a suitable state (i.e. not sweaty) prior to the cleaning process.</p> <p>Cleaning processes should be undertaken in a timely manner that is practical for the continuity of the game but not at the detriment of the cleaning process itself.</p> <p><b>Batting gloves, wicket keeping gloves and catching gloves:</b></p> <ul style="list-style-type: none"> <li>• We will recommend inner gloves are used</li> <li>• We will clean gloves with alcohol based wipes after each use</li> </ul> <p><b>Bats:</b></p> <ul style="list-style-type: none"> <li>• We will sanitise the bat handle / grip in between uses</li> </ul> <p><b>Pads including leg, thigh, chest and arm:</b></p> <ul style="list-style-type: none"> <li>• We will clean pads with alcohol based wipes after each use</li> </ul> <p><b>Helmets:</b></p> <ul style="list-style-type: none"> <li>• Teams will utilise a helmet rotation policy of 4 helmets per team to enable drying, cleaning and disinfecting of helmets (inside and outside surfaces) before and after each use.</li> </ul> <p><b>Balls:</b></p> <ul style="list-style-type: none"> <li>• Given the nature of the sport, balls will be touched by multiple people during training and in matches. We will sanitise balls between training sessions and matches.</li> </ul>
<p>Encourage contactless payment options.</p>	<p>We encourage canteen staff to wear gloves and/or sanitise in between cash transactions. We encourage contactless electronic payment or the use of correct monetary value to minimise contact where possible.</p>



## REQUIREMENTS FOR ORGANISATIONS

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<b>RECORD KEEPING</b>	
<p>Keep a record of name and contact details for all individuals attending community sports activities, where this is practical, for a period of at least 28 days. Ensure records are used only for the purposes of tracing COVID-19 infections and are stored confidentially and securely.</p>	<p>Cricket ACT has provided our club with a QR Code as a contact-free way for all stakeholders to register their attendance on site and provide their contact details.</p> <p>For those who may not have compatible mobile phones for QR Code scanning, we will also have a manual sign in sheet which will be collected by an allocated club member and stored securely for at least 28-days.</p> <p>Both the QR Code and manual sign in sheet will be present at training sessions, matches, and any other time the venue is used. Additionally, the use of the COVID-19 Safe App is encouraged to assist with tracking and tracing.</p>
<p>Cooperate with ACT Health if contacted in relation to a positive case of COVID-19 at your club.</p>	<p>We will report a positive COVID test result to ACT Health and follow their instructions moving forward. Where deemed necessary, we will also alert our internal and external stakeholders.</p>

## RESOURCES FOR ORGANISATIONS

- **Australian Government Department of Health - Coronavirus Homepage:** [www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert](http://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert)
- **ACT Health - Coronavirus Homepage:** [www.covid19.act.gov.au](http://www.covid19.act.gov.au)
- **NSW Health - Coronavirus Homepage:** [www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx](http://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx)
- **Australian Institute of Sport - COVID-19 and Sporting Activity:** [www.ais.gov.au/health-wellbeing/covid-19#ais](http://www.ais.gov.au/health-wellbeing/covid-19#ais) framework for rebooting sport
- **ACT Health - Travel Advice:** [www.covid19.act.gov.au/community/travel](http://www.covid19.act.gov.au/community/travel)
- **ACT Health - Signs and Factsheets:** [www.covid19.act.gov.au/signs-and-factsheets](http://www.covid19.act.gov.au/signs-and-factsheets)
- **ACT Health - Translated Resources:** [www.covid19.act.gov.au/community/translated-resources](http://www.covid19.act.gov.au/community/translated-resources)
- **Safework Australia - How to clean and disinfect your workplace:** [www.safeworkaustralia.gov.au/doc/how-clean-and-disinfect-your-workplace-covid-19](http://www.safeworkaustralia.gov.au/doc/how-clean-and-disinfect-your-workplace-covid-19)
- **ACT Health - Food Safety Guidelines:** [www.health.act.gov.au/sites/default/files/2019-10/Food%20Safety%20Guide%202019.pdf](http://www.health.act.gov.au/sites/default/files/2019-10/Food%20Safety%20Guide%202019.pdf)